



Before

- Write out your parent concerns and be prepared to share them.
- Ask to have reports/goals at least three to five days in advance
- Ask to receive any requests for team member excusals prior to the meeting *The district needs your signature to excuse team members
- Invite a support person. You have the right to invite *anyone* you want! It's your child's meeting.
- Review your [parent rights](#) prior to the meeting!

During

- Ask the team to review the entirety of the IEP - there's no need to rush through such an important document
- Share your parent concerns at the start of the meeting and circle back to them - were they adequately addressed? If not, ask for a part two.
- Understand that you do not have to agree to anything during the IEP meeting. You deserve to consider everything outside of such a high stakes environment.
- Ask for specifics: Are services individual or group? Push in or pull out? How will goals be measured? How will staff be trained? What data was used to drive each recommendation?
- IEP meetings can be emotional (we are talking about the most important thing - your child ❤️). Ask for a break, to reconvene, or for a caucus.
- Consider the progress your student has made. If there is not significant growth, ask the team what will be done differently this time around. Does the student need an increase in services, different accommodations, modifications, or even a change of placement?

After

- Send IEP suggestions and edits to the team - Are you happy with the goals? Do you agree with the service offer? Ask to chat with your team.
- Take as much time as you need to consider the IEP before signing for consent. If you still don't agree with some parts of the IEP, you can sign with exception, agreeing only to certain parts of the offer.